

HEALTH, SAFETY AND ENVIRONMENT OFFICE

## SAFE HANDLING OF Cryogens (LN2, LAr and LHe)

Do not block vapor release from cryogenic gas cylinders to prevent explosions. Use a calibrated oxygen monitor to continuously check oxygen levels in the work area, ensuring that they remain within safe limits to prevent asphyxiation risks.

Wear loose-fitting cryogenic gloves, goggles and/or face shield and closed shoes.



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Avoid using domestic vacuum flasks. A Suitable relieve valve or vent should be provided.

Use only the special (usually metal) tubing designed for these gases, not plastic or rubber.

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For enquiry:

Liquid cryogen can cause frostbite. Do not touch any cold surface or uninsulated piping.

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